

## Home Economics

# The BIG Picture

## Year 8



### Term 1

- What is Home Economics?
- Hygiene and Safety - [www.foodsafety.gov](http://www.foodsafety.gov)
  - Kitchen Equipment
- Preparing and Cooking food
  - Healthy Eating
  - Nutrients
- Packaging and Labelling - [www.food.gov.uk](http://www.food.gov.uk)



### Term 2

- Food Storage - [www.foodlink.org.uk](http://www.foodlink.org.uk)
  - Time management



### Term 3

- Breakfast - [www.nutrition.org.uk](http://www.nutrition.org.uk)
  - Lunches
  - Evening Meals
  - Food on the go

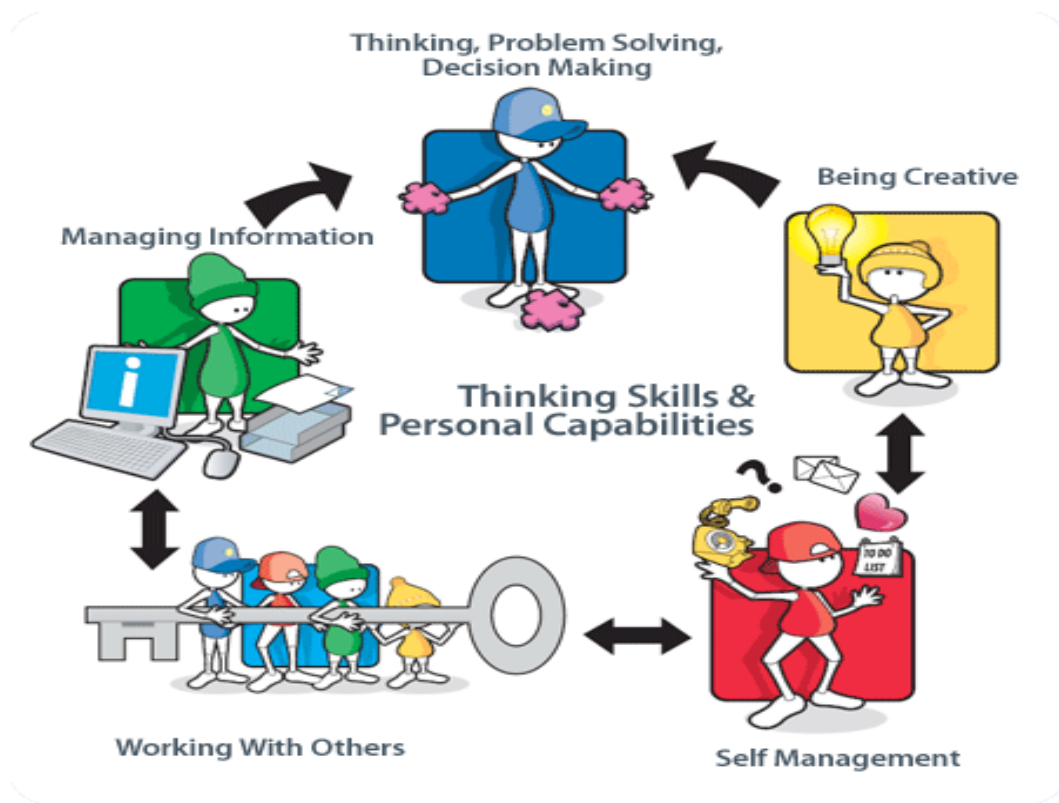


### What will I be cooking?

Soda bread pizza  
Leek and Potato Soup  
Yoghurt cake  
Raspberry buns

Snowballs  
Scones  
Omelette  
French apple tart

## What Skills and Capabilities will I be developing and using in Home Economics?



### Assessment for Learning?

In Year 8 this will involve:-

Written homework, topic tests, self - review, peer assessment, practical and written examinations

### What must I bring to class?

A4 file, file paper, pencil case, learning organiser and an apron

### What opportunities will be provided for ICT?

ICT will be included in:-

- Hygiene and Safety
- Packaging and labelling
- Meals and Meal Planning

