

Home Economics

The BIG Picture

Year 10

Term 1

- Food allergies and intolerances
- Diabetes
- Iron deficiency anaemia
- Vegetarianism
- Sports nutrition



Term 2

- Being an effective consumer
- Shopping
- Food safety



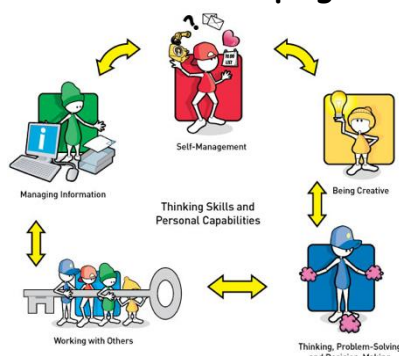
Term 3

- International cuisine
- Practical planning

What will I be cooking?

- ✓ Stuffed Baked potato
- ✓ Chilli Nachos
- ✓ Chicken penne pasta
- ✓ Fairy cakes
- ✓ Chocolate brownies
- ✓ Swiss roll
- ✓ Raspberry and white chocolate muffins
- ✓ Yummy Beef Curry

What skills and capabilities will I be developing?



Assessment for learning:

Written homework, topic tests, self-review, peer assessment, practical and written examinations.

What must I bring to class?

A4 file, file paper, pencil case, learning organiser, an apron.

ICT will be included in:

International Cuisine and Shopping