

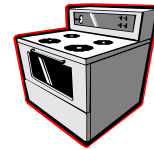
## Home Economics

# The BIG Picture

### Year 8



#### Term 1



- Introduction to Home Economics
  - Hygiene and Safety
- Kitchen Equipment and Appliances
  - Preparing and Cooking Food
    - Christmas Food

#### Term 2

- Healthy Eating
  - The Nutrients
  - Food Storage
  - Food labelling
  - Food provenance
  - Easter Food



#### Term 3

- Factors affecting food choice
- British Cuisine - Breakfast
- British Cuisine - Lunches
- British Cuisine - Evening Meals
  - Food on the go



## What will I be cooking?

Fruit smoothie

Chocolate mug cake

Toasted sandwich

Yoghurt cake

Snowballs

Oat Biscuits

Bacon pinwheels

Fasta Pasta

Spicy Rice

Air Fried Cheesy Garlic Bread

Grans Raspberry Buns

Scones

Breakfast Muffins

Quick Pizza

## Assessment for Learning?

**In Year 8 this will involve:-**

Written homework, topic tests, self - review, peer assessment, practical and written examinations

## What must I bring to class?

A4 file, file paper, pencil case, learning organiser and an apron

## What opportunities will be provided for ICT?

ICT will be included in:-

- Food and I activity
- Hygiene and Safety
- Labelling



## What Skills and Capabilities will I be developing and using in Home Economics?

